

# Curriculum Vitae

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## **Dr. P.K. Maheshwari**

Professor & Head, Department of Neurology, Superspeciality Block, S.N. Medical College,  
Agra

Date of Birth: 21st May 1956 | Life Membership No.: LM-037

### **Academic Degrees**

- MBBS (Batch of 1975) – King George’s Medical College, Lucknow
- MD Pediatrics (1984) – King George’s Medical College, Lucknow
- DM Neurology (1988) – King George’s Medical College, Lucknow

### **Career Overview**

In 1989, I joined as Lecturer, Neurology in PG Department of Medicine, Sarojini Medical College, Agra (SNMC). In 1992, I established a dedicated Neurology Outpatient Department at SNMC, which continues to serve 150–200 patients per session. I was elevated to the position of Professor of Neurology in 2009. I have been heading the Neurology Division since then and am currently serving as the Professor & Head of the Department of Neurology. During my tenure, the DM Neurology course started with 4 seats. In 1991, I participated in the NSI Conference at Manipal along with neurologists from across India, an event that led to the inception of the Indian Academy of Neurology (IAN).

### **Recognition and Fellowships**

- Fellow, Indian Academy of Neurology (FIAN, 2021)
- Additionally awarded fellowships and memberships by various other professional bodies in recognition of contributions to medicine and neurology like FICP, FFIACM, FRCP (Edinburgh), MAMS.

### **Awards**

- Lifetime Achievement Award – American College of Physicians, India Chapter (2024)
- World Congress in Chronomedicine (WCC) Oration (2023)
- Prof. B.C. Bansal–Mrs. Uma Bansal Oration (2018) in IACM
- M.L. Mittal Oration (2019) in UP chapter of API

### **Research and Publications**

- Publications: Authored and co-authored over 50 papers in peer-reviewed national and international journals.
- Books and Chapters:
  - Authored Over 20 chapters on neurological illnesses in various books and journals, covering topics such as stroke mimics, epilepsy, movement disorders, chronic fatigue syndrome, diabetic neuropathy, motor neuron disease, headache and other neurological disorders.

- Member in Expert Committee for drafting of Indian society of Hypertension (InSH) Consensus Guidelines for the Management of Hypertension in 2023.
- Member in Expert Committee – InSH 2025 wherein Guidelines on Co morbidities and of Hypertension in following follow-up and management were revised.
- Initiated and conducted dedicated sessions showcasing IAN at APICON and highlighting API at IANCON in recent years, fostering collaboration and academic exchange between the two associations.

### **Convener – ICP & IAN**

- Served as Convener under the Indian College of Physicians (ICP) and the Indian Academy of Neurology (IAN) in academic activities.
- Editor in Chief and Convener , “100 Questions in Neurological Practice” (Three Editions):
  - [Part 1 \(2023\): Epilepsy, Stroke, CNS Infections](#)
  - [Part 2 \(2024\): Headache, Movement Disorders, Vertigo](#)
  - [Part 3 \(2025\): Office Neurology, Neuromuscular Disorders, Functional Neurology](#)
- Regularly conducted monthly webinars under IAN/API/ICP during the Covid period for 2 years, sustaining academic engagement.
- Organized and guided multiple CME programs, academic seminars, and workshops across India.

### **Conferences and Leadership**

- Organizing Secretary, 23rd Annual Conference of the Indian Academy of Neurology (IANCON 2015, Agra).
- Organizing Secretary, APICON 2020 (Agra).
- Organizing Secretary, UP Neurosciences 1996 (Agra).
- Initiator of the “Masterclass in Neurology” academic sessions, first conducted at APICON 2020.
- President, Agra Academy of Neurology (since 2014).
- Honorary Secretary, API Agra Branch (since 2016; recipient of Best City Branch Award and Membership Development Award).
- Organized and coordinated multiple CMEs, symposia, and workshops under the auspices of API, ICP, and IAN.

### **Clinical and Academic Contributions**

- Established the Division of Neurology at SNMC, Agra in 1992, initiating advanced diagnostic facilities such as EEG, NCV, EMG, and Evoked Potentials.
- Conducted specialized Neurology Outpatient Clinics consistently for over three decades, maintaining high patient volumes and advanced clinical standards.
- Guided and co-guided over 60 postgraduate dissertations in Medicine and Neurology.

### **Administrative Responsibilities**

- Director-Professor & Head, Department of Medicine, S.N. Medical College, Agra (2013–2021)
  - Oversaw all academic and administrative functions of the Post-Graduate Department of Medicine.
  - Spearheaded the establishment and growth of the Super-Specialty Block, integrating Neurology with other super-specialties within the Super-Specialty Block.
  - Expanded super-specialty OPDs to ensure multidisciplinary and patient-centric care.

### **Social and Community Service**

- Organized World Epilepsy Day programs for over a decade, providing free medicines, diagnostic services, and patient education.
- Conducted National Brain Week celebrations, raising awareness about early signs of neurological disorders.
- President of the Clinical Society at SNMC, fostering undergraduate participation in academic activities such as clinical quizzes, poster sessions, and symposia.
- Led many public health initiatives, including Swasth Melas, World AIDS Day rallies, and other community-focused awareness programs.
- Conducted social service camps in tribal areas in Uttaranchal for the diagnosis, treatment, and awareness of neurological ailments.

### **Contribution to IAN**

I have actively contributed to the growth of the Indian Academy of Neurology through academic, organizational, and editorial initiatives. As Organizing Secretary of IANCON 2015 (Agra), I successfully hosted the 23rd Annual Conference, bringing together neurologists from across the globe. As Convener for academic activities under both IAN and the Indian College of Physicians, I helped shape continuous medical education platforms and conducted dedicated IAN sessions at APICON, strengthening ties between the two associations. I also serve as Editor-in-Chief and Convener of the three-part series “100 Questions in Neurological Practice.” During COVID, I conducted monthly webinars under IAN/API/ICP for two years, ensuring uninterrupted academic engagement nationwide.

### **Vision for IAN**

- Ensure IAN continues to grow as a vibrant, united, and future-ready organization.
- Engage with lawmakers and government bodies to formulate *Neurological Disorder Management guidelines* and necessary Policy Actions.
- Collaborate with sister organizations across the globe to nurture Indian young researchers through mentorship, inclusiveness, and academic innovation.
- Position India prominently in Asia and globally in the field of neurology.
- Increase public awareness of rising neurological diseases and their solutions.
- Expand outreach of neurology services to underserved and rural regions.
- Foster collaborative research addressing India-specific neurological challenges.

- Enhance postgraduate training and Continuing Medical Education for neurologists nationwide.
- Build stronger connections with allied associations and international forums to raise IAN's global profile.
- Strengthen IAN's role as a leading academic and professional body advancing neurological care in India.