

Dr Ashish Kumar Duggal

MBBS, MD, DM (Neurology)

Professor of Neurology, ABVIMS and Dr Ram Manohar Lohia Hospital, New Delhi

Curriculum Vitae | Candidate for election to the Executive Committee, Indian Academy of Neurology

PROFILE

Professor of Neurology at ABVIMS and Dr RML Hospital, New Delhi, with In-Charge responsibility for the Headache Clinic and the Autoimmune Neurology Clinic. Over 60 peer-reviewed publications (h-index 14; i10-index 26), including randomised controlled trials and population-based studies in headache medicine. Long-standing service to the Indian Academy of Neurology as Editor of IAN Advances in Headache Disorders (2024), Past Convener of the IAN Headache Subsection and Organising Secretary of the IAN Summer School 2026; Treasurer of the Headache Society of India. Organiser of three major Delhi neurology conferences since 2023 and supervisor of 20 postgraduate dissertations.

CURRENT POSITION

- **Professor of Neurology**, ABVIMS and Dr RML Hospital, New Delhi
- **In-Charge**, Headache Clinic and Autoimmune Neurology Clinic

QUALIFICATIONS AND TRAINING

- **MBBS, MD, DM (Neurology)**
- **Trained at** the Australia New Zealand Headache Master School, Sydney, 2018

ACADEMY, SOCIETY AND COMMITTEE SERVICE

Indian Academy of Neurology (IAN)

- **Organising Secretary**, IAN Summer School 2026 (held July 2026, under the aegis of IAN)
- **Editor**, IAN Advances in Headache Disorders (2024)
- **Past Convener**, Headache Subsection, IAN

Headache Society of India (HSI)

- **Treasurer and Founder Member**

Delhi Neurological Association (DNA)

- **Organising Secretary**, DNACON 2025, Annual Conference of the DNA (February 2025)
- **Joint Organising Secretary**, DNACON 2023, Annual Conference of the DNA (February 2023)
- **Past Member**, Executive Committee, Delhi Neurological Association

Other

- **Organising Secretary**, Delhi Winter Neurosciences Update 2025, organised by the Association of Neurological Sciences and Research, Taj Vivanta, New Delhi (December 2025)
- **Member**, ICMR Neuro Workflow Committee for community management of headache disorders

HONOURS AND AWARDS

- **Eminent Medical and Health Education Teacher Award**, Delhi Medical Association (2021)

TEACHING AND EXAMINATION

- **Supervised dissertations of 20 postgraduate residents** in Neurology, Medicine, Psychiatry and Anaesthesia
- **Examiner for:** National Board of Examinations; University of Delhi; Guru Gobind Singh Indraprastha University; Rajasthan University of Health Sciences

RESEARCH EXPERIENCE

Principal Investigator

- TENACITY trial: Phase III stroke thrombolysis study
- Efficacy and safety of Nerivio™, a remote electrical neuromodulation device, for prophylaxis of episodic and chronic migraine: an open-label, multicentre study in the Indian population

Co-Investigator

- EMPOWER: a 12-week, double-blind, randomised, multicentre study comparing the efficacy and safety of once-monthly subcutaneous AMG 334 with placebo in adult episodic migraine
- LAIJ: a randomised controlled trial of lasmiditan over four migraine attacks
- The burden attributable to headache disorders in the general population: a community-based survey in the National Capital Region
- Hospital-based stroke registry conducted by ICMR

Earlier

- **Research Medical Officer**, “Prevalence of asthma and its association with factors in school-going children of Delhi”, funded by the WHO India Country Office (1 May 2002 – 26 January 2003)

PUBLICATIONS

Over 60 publications in peer-reviewed national and international journals (h-index 14; i10-index 26). Selected recent publications, most recent first:

1. Husøy AK, Yu S, Liu R, ... Chowdhury D, **Duggal A**, ... Steiner TJ. The global prevalence of headache disorders of public-health importance: a meta-analysis of population-based individual participant data from 41,614 adults from 17 countries. *J Headache Pain*. 2025;26(1):204. doi:10.1186/s10194-025-02142-9
2. Chowdhury D, Kordcal SR, Nagane R, **Duggal A**. ANODYNE study: a double-blind randomized trial of greater occipital nerve block of methylprednisolone and lignocaine versus placebo as a transitional preventive treatment for episodic cluster headache. *Cephalalgia*. 2024;44(10):3331024241291597. doi:10.1177/03331024241291597
3. **Duggal A**, Chowdhury D, Krishnan A, Amarchand R, Steiner TJ. The burden of headache disorders in North India: methodology, and validation of a Hindi version of the HARSHIP questionnaire, for a community-based survey in Delhi and the National Capital Territory region. *J Headache Pain*. 2024;25(1):41. doi:10.1186/s10194-024-01746-x
4. **Duggal AK**. The enigma of migraine, platelet dysfunction, and white matter hyperintensities. *Ann Indian Acad Neurol*. 2024;27(1):11-12. doi:10.4103/aian.aian_719_23
5. Chowdhury D, Tomar A, Deorari V, **Duggal A**, Krishnan A, Koul A. Greater occipital nerve blockade for the preventive treatment of chronic migraine: a randomised double-blind placebo-controlled study. *Cephalalgia*. 2023;43(2):3331024221143541. doi:10.1177/03331024221143541
6. Chowdhury D, Bansal L, **Duggal A**, Datta D, Mundra A, Krishnan A, Koul A, Gupta A. TOP-PRO study: a randomized double-blind controlled trial of topiramate versus propranolol for prevention of chronic migraine. *Cephalalgia*. 2022;42(4-5):396-408. doi:10.1177/03331024211047454
7. Chowdhury D, Mundra A, Datta D, **Duggal A**, Krishnan A, Koul A. Efficacy and tolerability of combination treatment of topiramate and greater occipital nerve block versus topiramate monotherapy for the preventive treatment of chronic migraine: a randomized controlled trial. *Cephalalgia*. 2022;42(9):859-871. doi:10.1177/03331024221082077
8. Chowdhury D, Krishnan A, **Duggal A**, Datta D, Mundra A, Deorari V, Tomar A, Koul A. An Internet-based study on the impact of COVID-19 pandemic-related lockdown on migraine in India. *Acta Neurol Scand*. 2021;144(6):706-716. doi:10.1111/ane.13525
9. Chowdhury D, Chawla T, **Duggal A**. Epicrania fugax: report of eight cases with some novel features. *Cephalalgia Rep*. 2020;3. doi:10.1177/2515816320946492

10. Chowdhury D, **Duggal A**, Koul A, Gupta A. Dramatic response of intravenous lidocaine in a patient with status-like SUNA: a case report and brief review of literature. *Cephalalgia Rep.* 2018;1:1-4.