DR NITISHKUMAR VORA

MBBS, D.Paed, MD (Paed), MRCPCH (UK), FRCPCH (UK) CCT (British Board) Paediatric Neurology (UK) Post CCT Fellowship in Complex Epilepsy, GOSH (UK)

Senior Consultant Paediatric Neurologist and Epileptologist

Professional Summary

UK-trained Senior Paediatric Neurologist and Epileptologist with over 10 years of post-qualification clinical experience in the UK and more than a decade of clinical, academic work and leadership in India. Extensive expertise in complex epilepsy, neuro-disability, paediatric EEG, and tertiary child neuroscience care. Proven track record in institution building, academic leadership, national training programs, and multicentric research. Founder and Director of India's only exclusive tertiary institute dedicated to Paediatric Neurosciences – RICN, Ahmedabad.

Current Commitments and Posts

- Senior Consultant Paediatric Neurologist and Epileptologist, RICN Ahmedabad
- Honorary Consultant at Health and Care Foundation, Ahmedabad
- Honorary Consultant at U N Mehta institute of Cardiology, Ahmedabad

Academic Qualifications and Awards

FRCPCH, Royal College of Paediatrics and Child Health, London (UK) - 2011

Post CCT - Fellowship in Complex Epilepsy – 2010

Twelve-month fellowship at Great Ormond Street Hospital, London, UK

CCT Paediatric Neurology (UK) - 2010

CCT in Paediatrics and Paediatric Neurology, Accredited by PMETB, General Medical Council and Royal College of Paediatrics and Child Health, London, UK

MRCPCH, Royal College of Paediatrics and Child Health, London (UK) - 2004

M.D. (Paediatrics) - College First from Gujarat University and Civil Hospital, Ahmedabad, India - 2002

Diploma Paediatrics (D.Paed) - University First from Gujarat University and Civil Hospital, Ahmedabad, India - 2001

M.B.B.S. - Gold medalist from NHL Medical College and Gujarat University, Ahmedabad, India - 1998

Professional Memberships / Registrations

International

- ICNA International Child Neurology Association, ordinary member
- ILAE International League Against Epilepsy, ordinary member
- AES American Epilepsy Society, ordinary member
- EPNS European Paediatric Neurology Society
- RCPCH Royal College of Paediatrics and Child Health, UK
- BPNA British Paediatric Neurology Association, UK

National

- Medical Council of India and Gujarat Medical Council
- IAP Indian Association of Paediatrics, life member.
- AOCN Association of Child Neurology, India Type A member
- AOPN Academy of Paediatric Neurology, India Life member
- IES Indian Epilepsy Society

Invited Faculty, Speaker and Academic Contributions

International

Delivered **20+ invited lectures and scientific presentations** at leading international conferences, including:

- International Child Neurology Congress (ICNC)
- International League Against Epilepsy (ILAE) Congresses
- American Epilepsy Society (AES) Annual Meetings
- European Paediatric Neurology Society (EPNS) Congresses
- British Paediatric Neurology Association (BPNA) Meetings
- British Paediatric Epilepsy Group (BPEG) Scientific Meetings

India

Delivered 100+ invited lectures, keynote talks, and faculty presentations at major national conferences and professional meetings, including:

- ChildNeurocon AOCN Annual National Conference
- NeuroPedicon AOPN Annual National Conference
- Pedicon IAP Annual National Conference
- ECON Indian Epilepsy Society Annual Conference
- Indian Child & Adolescent Neurology Conference
- Paediatric Neurodisability Conference
- Paediatric Epilepsy Symposia and CME Programs

Publications, Books and Research

Peer-Reviewed Publications

Authored and co-authored 20+ international publications in Paediatric Neurology in high-impact journals and conference proceedings, including:

- International Child Neurology Congress
- European Journal of Paediatric Neurology
- Developmental Medicine & Child Neurology
- Archives of Disease in Childhood

Selected Research Themes and Key Publications

- Management of Status Epilepticus in Children National Consensus Document
- Etiological classification and therapeutic response in childhood epilepsy
- Clinical profiles of children with seizures and epilepsy
- Autism spectrum disorders: demographics and risk association with ART
- Sleep disorders in children with neurological conditions
- Rasmussen's encephalitis
- Surgical management of epilepsy
- Role of PET and SPECT in epilepsy surgery planning
- Nitrazepam therapy in West syndrome
- Comprehensive reviews on West syndrome
- Central nervous system complications of ENT infections

Books and Book Chapters

Author / Co-author of six academic books and textbook chapters, including:

- First Step Towards Paediatric Epilepsy Author
- *Paediatric EEG for Paediatricians* Co-author
- *IAP Textbook of Paediatric Neurology* Chapter: Approach to the Child with Altered Sensorium
- *IAP Clinical Paediatric Neurology* Chapter: Febrile Seizures
- AOPN Textbook of Paediatric Neurology Chapter: Febrile Encephalopathy

Research Leadership

- Principal Investigator (PI) Two international multicentric epilepsy research projects on Epilepsy
- Sub-Principal Investigator (Sub-PI) Two international multicentric research projects / clinical trials in Duchenne Muscular Dystrophy (DMD)

Awards & Honours

- "Gujarat nu Gaurav" Award Academic & Clinical Excellence (2014)
- Best Academic Poster, International Child Neurology Congress ICNA (2018)

Key Achievements and Leadership

- Founder & Director, Royal Institute of Child Neurosciences (RICN) established in 2019 as India's only exclusive tertiary paediatric neuroscience institute, providing comprehensive care under one roof.
- **Founder**, *Lilavati Child Neuro Care* (*LCNC*) established in 2012; a comprehensive paediatric neurology, epilepsy, neuro-disability and neuro-physiology unit.
- **Director & Core Faculty**, National Paediatric Epilepsy & EEG Training Program (India).
- Principal Investigator in two international multicentric epilepsy research projects; Sub-PI in international DMD trials.
- Trained >9,000 grassroots health professionals under RBSK (Govt. of Gujarat) in early identification and intervention for neuro-developmental disorders.

Academic and Conference Leadership

- Chief Organising Secretary
 - o NeuroPedicon National Paediatric Neurology Conference, Ahmedabad (2016)
 - o ChildNeurocon AOCN Annual National Conference, Ahmedabad (2022)
- Executive Committee Member. AOCN 2017-2019 & 2021-2023
- **Finance Vertical Lead**, AOCN (2021-2023): as a team we enabled trust registration, 80G approval, corpus growth and long-term financial sustainability.
- Charter Chairperson, AOPN Gujarat (2023-24)
- National Fellowship Training Coordinator, Academy of Paediatric Neurology (2023 onwards)

Clinical and Research Interests

- Complex Epilepsy
- Paediatric EEG and Epilepsy Surgery Evaluation
- Autism and Neuro-developmental Disorders
- Brain Injury and Neuro-rehabilitation

Personal Interests

- Travel and trekking
- Photography
- Financial literacy and awareness initiatives

Contribution to AOCN (Association of Child Neurology, India)

- Type A Life Member since 2012 (Membership No. 107).
- Active contributor at **national and regional levels** in academic programs, professional training, and patient awareness initiatives.
- Executive Committee Member (EB):
 - o 2017–2019: Supported and implemented the President and Executive Team's national strategic initiatives.
 - o 2021–2023: Re-elected to the Executive Body.
- Lead Finance Vertical, AOCN (2021–2023): Played a pivotal role in strengthening the financial and governance framework of the association, as a team achieving:
 - o Official name transition to "AOCN India".
 - Successful registration of AOCN as a Trust, including Section 80G approval and Form 16 compliance.
 - Significant increase in capital and corpus funds, ensuring long-term sustainability.
 - o Initiation of strategic measures towards a financially independent AOCN.
- Chief Organising Secretary, *ChildNeurocon 2022*, Ahmedabad AOCN Annual National Conference: Successfully led one of India's **first major physical national medical conferences post-COVID**, overcoming significant logistical challenges and delivering a highly acclaimed academic event.

My vision for AOCN India

- Foster an **equitable and inclusive national ecosystem** for paediatric neurology, ensuring representation and access across regions.
- Develop **robust national disease databases and registries** for neurological disorders to strengthen epidemiology, outcomes research, and policy advocacy.
- Promote **AOCN-driven multicentric studies and collaborative research**, enhancing India's global academic footprint.
- Establish a structured **support**, **mentorship**, **and career-development framework** for trainees and junior consultants.
- Build a **financially independent AOCN India** to ensure long-term continuity, innovation, and impact.